



Wellbeing Champion Apprenticeship

Funded, online training for education professionals

Course overview

The aim of this programme is to provide employees with the knowledge, skills and behaviours to be able to make a positive difference in their workplace. Learners will work in partnership with individuals and their communities to identify and address health and wellbeing needs, improve health, prevent ill-health and reduce inequalities.

By taking a positive approach to mental health and wellbeing in the workplace, organisations can benefit from a more motivated workforce,

increased productivity, reduction in staff and student absences and much more.

The programme will enable learners to be able to support others and themselves, provide information on how to cope with stress and build personal and team resilience. They will be able to support colleagues and students in difficult situations and gain knowledge on how to promote health and wellbeing to both individuals and communities.

Key benefits of a BeReady course

- ▶ Peer-to-peer learning
- ▶ Funded by the Apprenticeship Levy
- ▶ Predominantly online – less need to travel
- ▶ Varied study methods
- ▶ 24/7 access to online learning materials
- ▶ Highly practical learning experience, applied directly to your role

Topics include:

- ▶ Preventative measures to reduce health and wellbeing
- ▶ Helping communities build resilience and develop resources to support help and wellbeing
- ▶ Provide advice about local services and projects
- ▶ Implementation of strategies to improve health and wellbeing
- ▶ Legal and ethical frameworks

Entry requirements:

- ▶ Employer agreement
- ▶ Level 2 English and Maths*
- ▶ A valid and eligible residency status

*Learners without these qualifications must achieve them prior to taking the End-Point Assessment.

Duration
Part-time, typically 14 months

Cost
£7,000, covered by the Apprenticeship Levy

Qualification
Level 3 Community Health and Wellbeing Worker Apprenticeship

Delivery style
Predominantly online, including tutorials, group discussions, engagement with reading materials and case studies

